

REGISTRATION

Name

Agency

Occupation

Address

City/State/Zip

E-Mail Address

THERE IS NO REGISTRATION FEE
THANKS TO GRANT FUNDS. THE DEAD-
LINE FOR REGISTRATION IS APRIL 15,
2010! YOU ARE RESPONSIBLE FOR
MAKING YOUR OWN TRAVEL AND HOTEL
ARRANGEMENTS.

PLEASE MAIL THE REGISTRATION TO
JACQUE SKOG C/O WY STATE HOSPITAL
P. O. BOX 177
EVANSTON, WY 82931-0177 OR
VIA FAX TO 307-789-7373 OR
E-MAIL TO jacque.skog@health.wyo.gov

Certificates of attendance will be presented to
attendees.

Questions:

Contact Jacque Skog
Conference Coordinator
c/o Wyoming State Hospital
P. O. Box 177
Evanston, WY 82931-0177
307-789-3464, Ext. 361
jacque.skog@health.wyo.gov

The practice of seclusion and restraint in psychiatric treatment facilities and programs is still widespread despite the well documented risks of death, injury, and re-traumatizing persons with mental illness who have been affected by previous trauma, and despite a growing movement to limit these practices, including evidence based recommendations for reducing and eventually eliminating these practices. As the movement for a transformed mental health system that is fully committed to supporting recovery and resiliency gains momentum, efforts to reduce and eventually eliminate these practices should be at the forefront. Research definitively demonstrates the availability of effective approaches and tools, notably those which are represented by and which will be taught in this conference, for reducing seclusion and restraint in all types of facilities and with all types of patient populations.



Training for the Reduction/ Elimination of Seclusion and Restraint Practices

Wednesday and Thursday, May 5 and
May 6, 2010

This event will be held in the beautifully restored historic Round House, 1500 Main Street in Evanston, Wyoming.

Speakers include:

Joan B. Gillette, Ph.D., Director of Trauma Informed Care and Alternatives to Seclusion and Restraint National Technical Assistance Center for State Mental Health Planning

Raul S. Almazar, RN, MA, Acting Deputy Director for the State of Illinois Department of Mental Health

Timothy P. Turner, PhD, MSW, Coordinator for the Non-Transformation State Incentive Grant (T-SIG) States Project, and a Consultant/Trainer for the Office of Technical Assistance for State Mental Health Planning

Tonier Cain, Consumer Advocate

***Who Should Attend This Training:

Any hospital staff, consumers, family members, advocates and any others who have involvement with seclusion or restraint.

DRAFT AGENDA
WEDNESDAY, MAY 5

8:00 AM – 9:00 AM—Registration

9:00 AM – 9:30 AM—Welcome and Opening Remarks

9:30 AM – 10:00 AM
Overview of the National Initiative

10:00 AM – 10:30 AM
Current Assumptions Regarding Seclusion and Restraint Use

10:30 AM – 10:45 AM
BREAK

10:45 AM – 11:00 AM
The Experiences of Seclusion and Restraint

11:00 AM – 12:00 AM
The Neurobiological and Psychological Effects of Trauma

12:00 PM – 1:00 PM—LUNCH ON YOUR OWN

1:00 PM—1:45 PM
Leadership and Organizational Change (A Core Strategy©)

1:45 PM—2:15 PM
Video: Behind Closed Doors

2:15 PM—3:00 PM
Trauma Informed Care

3:00 PM—3:15 PM
BREAK

3:15 PM—4:00 PM
Violence Causality and Risk Factors

4:00 PM—5:00 PM
Trauma and Recovery

5:00 PM—5:15 PM
Questions and Discussion

5:15 PM
ADJOURN



Center for Mental Health Services
National Center for Trauma-Informed Care

Funded by SAMHSA/CMHS

DRAFT AGENDA
THURSDAY, MAY 6

8:30 AM—9:30 AM
Real Reduction Experiences

9:30 AM—10:15 AM
Workforce Development: Elevating the Oversight

10:15 AM—10:30 AM
BREAK

10:30 AM—11:30 AM
Adult Consumer/Youth/Family Involvement in Inpatient and Residential Programs—Panel Discussion

11:30 AM—12:30 PM
Seclusion and Restraint Prevention Tools (A Core Strategy©)

- Crisis Planning
- Comfort & Sensory Rooms

12:30 PM—1:30 PM—LUNCH ON YOUR OWN

1:30 PM—2:00 PM
Debriefing Activities (A Core Strategy©)

2:00 PM—2:30 PM
Questions and Discussion

2:30 PM—2:45 PM
Developing a Prevention Plan

2:45 PM—3:00 PM
BREAK

3:00 PM—4:00 PM
Individual Team Group Work

4:00 PM—5:00 PM
Team Presentations

5:00 PM
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